

# BE HUMANITARIAN



behumanitarian.org  
<https://linktr.ee/behumanitarian>



# Meet Elida

When we first met her, she was shy and introverted, following her family's path of illiteracy. But Elida had the chance to change her story.

Through our educational sponsorship program at Be Humanitarian, Elida was given the opportunity to learn, and she quickly fell in love with it. Before she joined our community, Elida wasn't eating properly and had no opportunities to attend school. She would shyly hide behind her mother's apron, avoiding eye contact and questions and keeping to herself.

Over the years, we have had the privilege of witnessing Elida's transformation. Today, she is strong, brave, and outgoing—a completely different little girl. Through the efforts of Be Humanitarian and thanks to her sponsors, Elida has been well loved, well fed, and given opportunities that her family had never received. This is the difference that Be Humanitarian is making. You can be part of it too!



## Nonprofit Overview

# Introduction

At Be Humanitarian, our mission is to inspire our volunteers to become global citizens and take a hands-on role in the world around them. We believe our duty is to improve the lives of those in need. We aim to improve the future of some of Guatemala's most impoverished people, and help them to break the poverty cycle through early nutrition, education and self sustainability.







# The Problems We Are Addressing In Guatemala

In Guatemala, some of the most impoverished communities face significant challenges that hinder their ability to break the cycle of poverty. These challenges include:

**a**

## Lack of Income

Many families struggle to meet basic needs due to insufficient income opportunities, which perpetuates the cycle of poverty.

**b**

## Guatemala is the 4th most Malnourished Country in the World

With a significant portion of the population living below the poverty line, this often means that families do not have the financial means to provide their children with adequate food, leading to malnutrition.

**c**

## Lack of Educational Opportunities

Getting an education can change the trajectory of an individual's life and learning English is a powerful tool for improving educational and economic opportunities.





# Here's how you can join Be Humanitarian

1. Become a  
Partner

2. Volunteer in  
Guatemala

3. Become a  
Sponsor



# Become a Partner

We believe that every organization has the capacity to create positive change, and we would be honored to have you join us in our mission to make the world a better place.

By donating just 1% of your annual budget to Be Humanitarian, you can help us build our community center and continue our vital work of supporting those in need and creating a brighter future for all.

Your partnership would not only benefit those we serve but would also align with your company's values of social responsibility and community engagement.

Please feel free to check out our website <https://behumanitarian.org/> and social media sites <https://linktr.ee/behumanitarian> to learn more.





**CEO**

**Josh Webber**

Co Founder, Big Red Jelly

## **Partner Review with Josh Webber**

During Big Red Jelly's quarterly meetings, Josh has shared with us the remarkable changes he's observed in his employees since partnering with Be Humanitarian. He aptly stated, "Every little bit of work to put in here can contribute to something greater," emphasizing the transformative power of giving back.

The framed photos of the sponsored kiddos in their office serve as a constant reminder of the meaningful impact Big Red Jelly is making in the world.





CEO

Zac Lovingier

CEO, Optimized Health  
Plans

## Partner Review with Zac Lovingier

Zac's decision to partner with Be Humanitarian stems from a deep sense of gratitude and a desire to give back. Inspired by the song "Because I Have Been Given Much," Zac feels a responsibility to give to others, particularly with the people of Guatemala, whom he describes as pure and beautiful, despite their limited resources. The joy and happiness he has witnessed in our community further solidified his commitment.

Partnering with Be Humanitarian was a natural fit, aligning with their values of service and creating meaningful experiences. Inspired by Tobie's words at an event, Zac not only wanted to volunteer in Guatemala with his daughter but invited key employees for a true team building experience. The partnership has since strengthened his team, fostering empathy, loyalty, and a sense of family among them.





# Volunteer in Guatemala

Schools, families, church groups, friend groups, networking groups, associations, community clubs, neighborhoods, really any group of people who want to work together to make a difference in the world can participate in one of our **Guatemalan service vacations!**






# Group Service Vacation

Be Humanitarian can customize trips for groups of 10+ and if your group is smaller than that, you can join one of our existing trips we take each year. It doesn't matter if you have known each other your entire life, you can come to Guatemala as strangers and leave as family.

The reason we call these service vacations is because we want you to have the opportunity to fall in love with Guatemala while serving those in need. We do sightseeing and activities that allow you to experience the beautiful culture of this beautiful country and make a positive impact while you are there.

Our group trips can be tailored to the individuals attending. If we have an entire group of adventurers, we may end up hiking an active volcano. If we have a group that wants to focus more time on service, we may stay closer to the village and complete more projects with the mothers and children. Every trip looks a bit different, but the outcomes are similar each time. When we get back on the plane to fly home, Guatemala will have made an impact on your heart that will last a lifetime.





**\$37**

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Your monthly donation will provide a child with breakfast all month long.

**\$74**

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Your monthly donation will provide a child with breakfasts and lunches all month long.

**\$111**


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Your monthly donation will provide a child with breakfasts and lunches all month long as well as cover all of their educational costs.

# Become a Sponsor

Change A Life.  
Sponsor A Child.





# A Snapshot of what we've been able to create in the past 3 years

As a grassroots organization, we are grateful for the support of our sponsors and partners who have helped us accomplish so much.

01

## Provided 6,200 pounds of donation

These much needed donations were hand delivered by our volunteers to our community.

02

## Provided 55,568+ meals for our community

These meals fed our 30+ kiddos and their families

03

## Created a Sewing Center

We bought our own land and a 'casa' to use as our Sewing Center thanks to extremely generous donors!

04

## Built 1,000+ garden towers

In 2023 alone, we built and installed 917 garden towers which have provided 110,000 meals for hundreds of families for years to come.

05

## Provided health exams and vitamins

We have provided health exams and USANA vitamins for all of our 30+ kiddos



# Join Our Be Humanitarian Community

Contact Tobie Spears:

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801-830-0310

Follow us on Social Media:

 @be.humanitarian

 Be Humanitarian

